

INDIVIDUAL ENTRY FORM
TASMANIA MASTERS SWIMMING SUMMER CHAMPIONSHIPS 2012

Event	Saturday 24th March 1:00 pm Warm up. 1:30 pm Start	Estimated time	
		Mins	Secs
1	400m freestyle	:	
2	50m butterfly	:	
3	200m breaststroke	:	
4	100m backstroke	:	
10 min break			
5	200m butterfly	:	
6	50m breaststroke	:	
7	100m freestyle	:	
8	200m IM	:	
10 min break			
9	4x50 mixed freestyle relay		
10	4x50 men medley relay		
11	4x50 women freestyle relay		

Event	Sunday 25th March 8:00 am Warm up. 8:30 am Start	Estimated time	
		Mins	Secs
12	400m IM	:	
13	50 freestyle	:	
14	100m breaststroke	:	
15	200m backstroke	:	
10 min break			
16	200m freestyle	:	
17	50m backstroke	:	
18	100m butterfly	:	
10 min break			
19	4x50 mixed medley relay		
20	4x50 men freestyle relay		
21	4x50 women medley relay		
Presentations			

Name			
Contact No			
MSA Club			
MSA Reg No			
Email			
Age as at 31/12/12		M / F	
Emergency Contact (Name & phone number)			